

No Dating Commitment

"So then, just as you received Christ Jesus as Lord, continue to live in Him, rooted and built up in Him, strengthened in the faith as you were taught, and overflowing with thankfulness"
(Colossians 2:6-7, NIV).

I. Purpose: To provide a period of time in which the single Christian can focus his/her time and energy into establishing a more intimate and meaningful relationship with Jesus Christ.

II. Who can benefit from this commitment?

- A. The new Christian
- B. One who is healing from a hurtful relationship
- C. The recently separated, divorced or widowed
- D. Any single who wants to focus his/her heart and mind upon the person of Jesus Christ and His plan for their lives.

III. Limits of the commitment

- A. No one-on-one time spent with the opposite sex
- B. Phone time with a person of the opposite sex is limited to ten minutes a day.
- C. Any "Friendship Commitments" entered into must be with a same sex person
- D. Nothing should be done with the opposite sex that you could not do comfortably with your same sex

IV. To structure and make optimal use of the time this commitment will provide, I agree to involve myself in at least one of the following-areas:

- A. Small Group of Home Bible Study
- B. A weekly same gender small group
- C. A class on Living for Christ.
- D. Find a ministry area in the Church

V. If, at any time, my actions exceed the limits of this commitment, I will, within twenty-four hours, notify one of the following persons: my Sunday school teacher, accountability partner, Bible Study leader, or minister

VI. I agree to this commitment for the following time period:

Two Months: Until _____

Four Months: Until _____

Six Months: Until _____

Print your name: _____

Signature: _____

Date: _____